

my new year's resolutions

last year's highlights

#1

Favorite place I visited: _____

Favorite movie I saw: _____

Favorite time I spent with family: _____

goals for this year

Super!

One way I'll be healthier: _____

How I'll be a nicer person: _____

What I plan to accomplish at school: _____

A+

my new year's resolutions

- | | |
|---|--|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Clean room & make bed every day |
| <input type="checkbox"/> Resolve to have fruit instead of dessert (at least twice a week) | <input type="checkbox"/> Break one bad habit (slouching, biting nails, watching too much tv) |
| <input type="checkbox"/> Take a walk after dinner every other day | <input type="checkbox"/> Cut down on soda (or in your case, coffee) |
| <input type="checkbox"/> Find a volunteering opportunity, and commit to helping out a minimum of 6 months | <input type="checkbox"/> Read at least one new book a month |
| <input type="checkbox"/> Rent movies from the library instead of ordering them | <input type="checkbox"/> Give at least one compliment every day |
| <input type="checkbox"/> Pack a healthy lunch to work/school every day | <input type="checkbox"/> Recycle and compost |
| | <input type="checkbox"/> Take up a new hobby |

